



# Experience the Warmth of a Welcoming Community



INDEPENDENT LIVING  
AND RESIDENTIAL CARE  
IN THE HEART OF VERMONT





“Thank you for the years of  
being a friend and advocate  
to our mom and our family.  
I am so deeply grateful for  
the love and support.”

— Nancy T.

# Enjoy!

*Live the fulfilling retirement lifestyle  
you've always dreamed of.*



You'll understand from the first moments you experience Westview Meadows. As you venture into the large, sunlit entry and are greeted by our smiling staff, you'll notice that something just feels right. You feel "The Warmth of Our Welcoming Community", and discover a beautiful place that's just waiting for you to call it home.

At Westview Meadows, you'll leave the hassles of daily living behind and spend more time enjoying life. In addition to having plenty of privacy, you'll delight in new friendships and conveniences that make life truly satisfying, from caring staff to chef-prepared meals you look forward to each day.

It's all here for you to enjoy — **senior living the way it was meant to be**, in a special place called Westview Meadows.



# *Exceptional Independent Living and Residential Care*

## **Take It Easy, or Take It All In**

The choice is yours here at Westview Meadows. Our beautiful, spacious setting on 25 acres is the perfect place for you to relax or get involved in a wide variety of activities.

We are home to 36 Independent Living and 16 Residential Care apartments designed with our residents' desires and needs in mind. With cheerful common areas, rich amenities, a highly professional staff, and a full activity calendar, life here is safe, vibrant, and enjoyable.

## **Always Something to Enjoy**

You'll find that every day can be a memorable one at Westview. A plate of fresh-baked treats greets you in the dining room while you decide what to do next: Tai Chi, Bridge Club, or a musical performance? The options are seemingly endless. Perhaps you'll relax on the back porch, where colorful birds beckon you

and Vermont's Green Mountains frame the horizon. You'll greet your neighbors as they hike and cross-country ski along our valley paths, or join in a game of bocce on our outdoor court. And you'll find there's always someone available to share in a hobby, game, or dinner conversation.

## **Close to Everything**

Westview Meadows is conveniently situated in central Vermont, in Vermont's lively capital city. Close to Interstate 89, we're a pleasant drive to many great destinations, such as Shelburne Museum, Smuggler's Notch, Woodstock, and Burlington, where you can set sail on a scenic shoreline cruise on beautiful Lake Champlain.

Just outside our door, opportunities abound for staying active in the local community as well. Take a course at a nearby college, volunteer at the hospital, get involved in an organization, or train to be a tour guide at Vermont's Statehouse.

“We could not ask for smarter, kinder, or more good-humored and patient people at Westview Meadows. Our peace of mind knowing our mother is in such good hands is simply priceless.”

– Marialisa C.



*A comfortable life awaits you,  
filled with friends, activities, and  
idyllic natural beauty.*



## *Daily Living at its Best*

### **A Congenial Community**

It's easy to feel welcomed and involved at Westview Meadows. Groups gather regularly for a wide range of activities, and newcomers are always encouraged to join in. Whether it's sharing knowledge, learning a new skill, or relishing in a fierce game of Scrabble, you can engage in almost any group activity, or sit back and enjoy the many speakers and performers who come to share their talents with us.

### **The Comforts of Home**

Just as importantly, you can savor your privacy at Westview Meadows. From your spacious apartment to our many intimate common spaces, you can easily indulge in quiet time on your own and entertain your visitors easily. You'll be proud to show off the well-appointed library, bright dining room and Santa Maria Lounge, and you can even reserve our private dining room for special get-togethers.



## Exceptional Dining

It's always a special experience to share a meal with friends and neighbors at Westview Meadows.

Each day, our kitchen staff takes great care to provide delicious, wholesome meals made with high-quality, local ingredients, while our dining staff works to ensure an enjoyable and comfortable dining experience. They get to know each of our residents personally, and offer a caring touch to each meal.

We serve chef-prepared meals daily and a bountiful brunch on Sundays. Menus are delightfully varied and designed to offer a wide range of fresh local foods and seasonal selections.

All of our residents are welcome to dine in our large central dining room. We also offer a more intimate dining room for members of our Residential Care community who may prefer a more private dining experience. Guests are always welcome to join residents for meals with short advance notice.

“I want to sincerely thank the kitchen staff who prepared and delivered my meals to my room for me during my recovery. I appreciate all your care and concern.”

—Yolande C.





“Last night we had supper with Stan and Helen and the food was amazing. Even more amazing was the perfect care the staff took with everyone – skill, patience, compassion and smiles. What could be better? I feel so grateful that they have this wonderful home. Thank you to ALL at Westview for all you do every day.”

– Jeb B.

# Features & Highlights

## Activities

Daily exercise classes

Church services

Chorus group

Bridge club

Conversations & coffee

Enrichment opportunities

Musical performances

Weekly movie & popcorn

Film series

Craftmaking

Gardening

Day trips

Educational classes

Book discussions

Support groups

Games and puzzles

Annual celebrations

## Amenities

Fitness studio

Beauty salon

Spa / whirlpool

Large-screen TV & WiFi

Storage unit

On-call emergency system

Security & fire protection

Housekeeping services

Laundry facilities

Private transportation

## Common Areas

Library

Private dining room

Lounge / parlor

Deck / outdoor dining

Walking trails

Pond and gardens

Landscaped grounds



# Our Apartments

## Independent Living



All Independent Living apartments have a large living room, fully appliances kitchen, dining area, bath, and four-season sunroom, many of which offer truly spectacular Vermont mountain views. Independent Living apartments receive weekly house-

keeping service and come with a storage unit, while 24-hour emergency response service supports carefree independent living. Depending on size, apartments are available with one or two bedrooms, and have one, one-and-a-half, or two baths.

## Residential Care



Our Residential Care wing provides an increased level of service and support, and features its own dining room, country kitchen, and activity areas.

All Residential Care apartments include a kitchenette, bath, bedroom, and spacious living area. Residents receive medication management, weekly laundry and house-keeping services, and three healthy meals each day.

Members of our Residential Care community have access to all activities and amenities while enjoying the support of the Residential Care wing. With health and safety as our top priorities, we provide 24-hour staffing, medication management, emergency response, personal care, and exterior door security, while respecting privacy and independence as much as possible.



## A Tradition of Caring

Westview Meadows is proudly sponsored by O.M. Fisher Home, Inc., a non-profit 501(c)3 organization that has been recognized for its strong tradition of caring since 1919.

Our volunteer Board of Trustees is also responsible for the operation of The Gary Residence, a senior living community located in downtown Montpelier. Together, we provide all our residents with safe, comfortable, and vibrant living with the highest quality care.



## *The Montpelier Area*

### Life in the Heart of Vermont

Montpelier has long been a magnet for artists and artisans who host a full schedule of craft shows and celebrations. Our downtown area is a lively hub that attracts visitors from all over, yet it maintains a comfortable, safe, small-town feel. It's the perfect place to dine out, visit an art gallery, window shop, or explore the public library. The Vermont Historical Museum is a welcoming spot to spend an afternoon, and churches of many denominations dot our scenic landscape. Thanks to our regularly scheduled transportation, everything is easily accessible, too.

All seasons have something to offer here in the heart of Vermont. Cider mills are a fun destination on a warm autumn day, while maple sugar houses sweeten any spring outing. Long summer days are perfect for exploring the area, or simply taking in the natural beauty of our own backyard.

*There's so much here to enjoy at Westview Meadows. Come experience it for yourself!*

## *Our Ongoing Mission*

*We aim to provide the comforts and security of home, and to treat residents and each other, first and foremost, as human beings with a need to be recognized and respected as individuals. We strive to give our residents the opportunity to achieve their maximum amount of independence and self-sufficiency, and to be a leader in the field of residential care, seeking and applying new knowledge to improve the quality of our professional services.*

## Getting to Westview Meadows

**Via Interstate 89:** From North or South: Take Exit 8 (Montpelier) making a right turn at the fourth traffic light onto Northfield Street (Rt. 12S) Go straight for approximately 1/2 mile, passing "The Econo Lodge" on your right. Take the fourth left onto Independence Green. The entrance to Westview Meadows is at the end of this road.



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