

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">September 2023</h1> <h2 style="font-family: serif;">Independent Living Activity Calendar</h2>						
3	4	5	6	7	8	9
<b>3 Handiwork Group SML</b>	<b>*Office Closed Today*</b>  <b>Happy Birthday Alban!</b> <small>Labor Day</small>	9:30 Morning Drumbeat MDR 11 Rosary Prayers SML 1,2,3,4 Bocce <b>3:30 Trivia SML</b>	9:45 Exercise MDR <b>1:15 Fantastic Fungi Documentary MDR</b> 2 Bridge FR 4 Hosted Social Hour SML	9:30 Morning Drumbeat MDR 10:15 251 Club Meeting CK <b>12 Workshop &amp; Lunch: "Be Walker Positive" MDR</b> 2 Skip-Bo MDR 2 Outdoor Cornhole	9:45 Exercise MDR <b>1:15 Movie: A River Runs Through It MDR</b> 2 Mahjong FR, L	
10	11	12	13	14	15	16
<b>3 Handiwork Group SML</b>  <small>Grandparents Day</small>	9:45 Exercise MDR 1:30 Rummikub FR, L <b>3:45 Monarch Butterfly Tagging at NBNC</b>	9:30 Morning Drumbeat MDR 11 Rosary Prayers SML 1,2,3,4 Bocce <b>2 Art Reception MDR</b> 3:30 Trivia SML	9:45 Exercise MDR 10:30 Conversation with Dawn MDR <b>12:30 MET Opera: Porgy &amp; Bess MDR</b> 2 Bridge FR	9:30 Morning Drumbeat MDR <b>12:30 Guided Tour of Hope Cemetery</b> 2 Skip-Bo MDR	9:45 Exercise MDR 1:15 Movie: Ladies in Lavendar MDR 2 Mahjong FR, L <b>3 Oktoberfest Social MDR</b>  <small>Rosh Hashanah Begins</small>	 <small>Oktoberfest Begins</small>
17	18	19	20	21	22	23
<b>2 Sunday Sing-a-long MDR</b> 3 Handiwork Group SML	9:45 Exercise MDR <b>11 BINGO MDR</b> 1:30 Rummikub FR, L	9:30 Morning Drumbeat MDR 11 Rosary Prayers SML 1,2,3,4 Bocce <b>3:30 Trivia SML</b>	9:45 Exercise MDR 1 OSHER MSAC <b>10:30 Spirit of Ethan Allen Lunchtime Cruise</b> 2 Bridge FR	9:30 Morning Drumbeat MDR <b>10:30 Resident Council Meeting MDR</b> 11 Episcopal Church Service FR 2 Westview Readers L 2 Skip-Bo MDR	9:45 Exercise MDR <b>11:30 251 Club Trip</b> 1:15 Movie: For Whom the Bell Tolls MDR 2 Mahjong FR, L	 <small>Autumn Begins</small>
24	25	26	27	28	29	
<b>3 Handiwork Group SML</b>  	9:45 Exercise MDR 1:30 Rummikub FR, L <b>2 PBS Documentary: Your Brain- Who's in Control MDR</b>	9:30 Morning Drumbeat MDR <b>11 Rosary Prayers SML</b> 1,2,3,4 Bocce 3:30 Trivia SML	9:45 Exercise MDR 10:30 Conversation with Dawn MDR <b>1 September Birthdays Celebration MDR</b> 1 OSHER MSAC 2 Bridge FR	9:30 Morning Drumbeat MDR 2 Skip-Bo MDR <b>2 Bourbon Apple Cider Cocktail Hour MDR</b>	9:45 Exercise MDR <b>11:30 Foliage Ride &amp; Lunch at 10 Railroad Station</b> 1:15 Movie: Guys & Dolls MDR 2 Mahjong FR, L  <small>Sukkot Begins</small>	<b>MDR- Main Dining Room</b> <b>SML- Santa Maria Lounge</b> <b>CK- Country Kitchen</b> <b>FR- Fitness Room</b> <b>L- Library</b> <b>MSAC- Montpelier Senior Activity Center</b> <b>Happy Birthday Joanne!</b>