

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
L -Library FR - Fitness Room SML - Santa Maria Lounge CK - Country Kitchen MDR - Main Dining Room PDR - Private Dining Room MSAC - Montpelier Senior Activity Center	1 9:45 Exercise CK 10:30 Mindfulness Meditation CK 1:15 Watercolor Painting with Pauline MDR  <small>All Fools' Day</small>	2 9:30 Drumbeat MDR 10:15 Baking in the Country Kitchen 11 Rosary Prayers PDR 2 Scrabble CK	3 9:45 Exercise CK 11 Therapy Dog Semper CK 1 OSHER MSAC 2 Live Music with Jim Ventresca MDR	4 9:30 Drumbeat MDR 10:30 251 Club Meeting PDR 1 VABVI Presentation: "Living Better with Vision Loss" MDR	5 9:45 Exercise CK 10:30 Mindfulness Meditation CK 2 Movie: Spencer's Mountain MDR	6 1:30 Call the Midwife CK 6 Movie & Popcorn: Legal Eagles CK
7 3 Handiwork Group SML 6 Movie & Popcorn: Heidi CK	8 **Office Closed Today** 	9 9:30 Drumbeat MDR 10:30 Trivia CK 11 Rosary Prayers PDR 2 Scrabble CK	10 9:45 Exercise CK 11 Therapy Dog Semper CK 1 OSHER MSAC 1 MET Opera: Othello MDR	11 8:30-12:30 Foot Clinic CK 9:30 Drumbeat MDR 1:30 "Reflections on Thru-Hiking the Appalachian Trail at age 70" MDR	12 9:45 Exercise CK 10:30 Mindfulness Meditation CK 2 VFPA Video: "Seeing the Forest for the Trees: Vermont's Working Landscape and Forest Economy" MDR	13 1:30 Call the Midwife CK 6 Movie & Popcorn: Tyson's Run CK
14 2 Sunday Sing-a-long MDR 3 Handiwork Group SML 6 Movie & Popcorn: Cool Hand Luke CK	15 9:45 Exercise CK 10:30 Mindfulness Meditation CK 11:15 Conversation with Dawn CK 2 Art Reception MDR	16 9:30 Drumbeat MDR 10:30 Manicures CK 11 Rosary Prayers PDR 2 Scrabble CK	17 9:45 Exercise CK 11 Therapy Dog Semper CK 11:45 Catholic Mass at St. Augustine's Church 1 OSHER MSAC	18 9:30 Drumbeat MDR 10:30 Resident Council Meeting MDR 11 Episcopal Church Service FR 2 Westview Readers L	19 9:45 Exercise CK 10:30 Mindfulness Meditation CK 2 Movie: A Beautiful Day in the Neighborhood MDR	20 1:30 Call the Midwife CK 6 Movie & Popcorn: I Used to be Famous CK
21 3 Handiwork Group SML 6 Movie & Popcorn: The Resurrection of Gavin Stone CK	22 9:45 Exercise CK 10:30 Mindfulness Meditation CK 1:15 Watercolor Painting with Pauline MDR  <small>Passover Begins Earth Day</small>	23 9:30 Drumbeat MDR 10:30 Giant Crossword Puzzle CK 11 Rosary Prayers PDR 1:30 Live Music with Donna Thunder CK	24 9:45 Exercise CK 11 Therapy Dog Semper CK 1 April Birthdays Celebration MDR <small>Administrative Professionals Day</small>	25 9:30 Drumbeat MDR 10:30 Emmaus Communion Service PDR 2 Scrabble CK	26 9:45 Exercise CK 10:30 Mindfulness Meditation CK 11 251 Club Trip 2 Movie: The Bookshop MDR Happy Birthday Betsy!  <small>Arbor Day</small>	27 1:30 Call the Midwife CK 4 Short Stories Reading Aloud SML 6 Movie & Popcorn: Happiness for Beginners CK
28 3 Handiwork Group SML 6 Movie & Popcorn: Hud CK	29 9:45 Exercise CK 10:30 Mindfulness Meditation CK 2 Documentary: Horizon MDR	30 9:30 Drumbeat MDR 11 Rosary Prayers PDR 2 Scrabble CK	 <h1>April 2024</h1> <h2>Residential Care Activity Calendar</h2> 			