

Experience the Warmth of a Welcoming Community







INDEPENDENT LIVING AND RESIDENTIAL CARE IN THE HEART OF VERMONT





Enjoy!

Live the fulfilling retirement lifestyle you've always dreamed of.





You'll understand from the first moment you experience Westview Meadows. As you venture into the large, sunlit entry and are greeted by our smiling staff, you'll notice that something just feels right. You feel "The Warmth of Our Welcoming Community," and discover a beautiful place that's just waiting for you to call it home.

At Westview Meadows, you'll leave the hassles of daily living behind and spend more time enjoying life. In addition to having plenty of privacy, you'll delight in new friendships and conveniences that make life truly satisfying, from caring staff to chef-prepared meals you look forward to each day.

It's all here for you to enjoy — **senior living the way it was meant to be**, in a special place called Westview Meadows.







Exceptional Independent Living and Residential Care

Take it easy, or take it all in

The choice is yours here at Westview Meadows. Our beautiful, spacious setting on 25 acres is the perfect place for you to relax or get involved in a wide variety of activities.

We are home to 36 Independent Living and 16 Residential Care apartments designed with our residents' desires and needs in mind. With cheerful common areas, rich amenities, a highly professional staff, and a full activity calendar, life here is safe, vibrant, and enjoyable.

Always something to enjoy

You'll find that every day can be a memorable one at Westview. A plate of fresh-baked treats greets you in the dining room while you decide what to do next: Bridge Club or a musical performance? The options are seemingly endless. Perhaps you'll relax on the back deck, where colorful birds beckon you and Vermont's Green Mountains frame the horizon. You'll greet your neighbors as they hike and cross-

country ski along our valley paths, or join in a game of bocce on our outdoor court. And you'll find there's always someone available to share in a hobby, game, or dinner conversation.

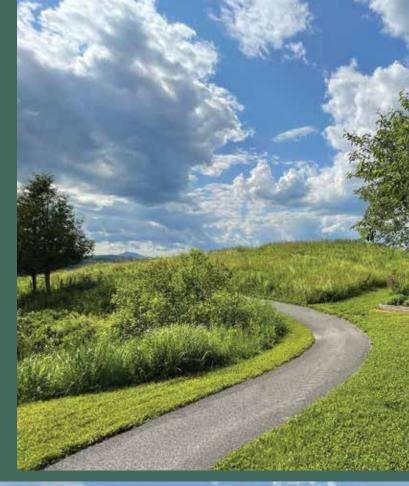
Close to everything

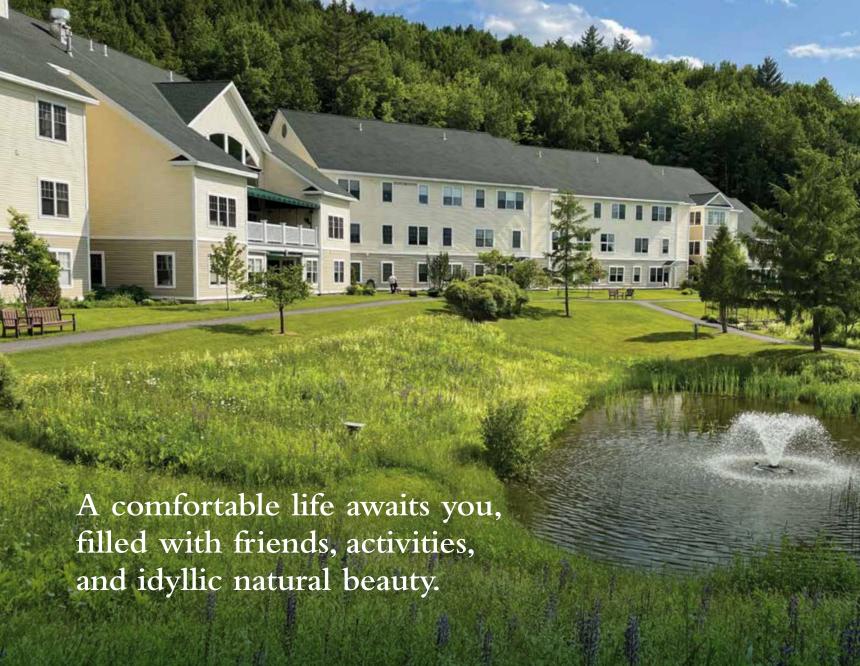
Westview Meadows is conveniently situated in central Vermont, in Vermont's lively capital city. Close to Interstate 89, we're a pleasant drive to many great destinations, such as Shelburne Museum, Smuggler's Notch, Woodstock, and Burlington, where you can set sail on a scenic shoreline cruise on beautiful Lake Champlain.

Just outside our door, opportunities abound for staying active in the local community as well. Take a course at a nearby college, volunteer at the hospital, get involved in an organization, or train to be a tour guide at Vermont's Statehouse.

"We could not ask for smarter, kinder, or more good-humored and patient people at Westview Meadows. Our peace of mind knowing our mother is in such good hands is simply priceless."

– Marialisa C.







A congenial community

It's easy to feel welcomed and involved at Westview Meadows. Groups gather regularly for a wide range of activities, and newcomers are always encouraged to join in. Whether it's sharing knowledge, learning a new skill, or relishing in a fierce game of Scrabble, you can engage in almost any group activity, or sit back and enjoy the many speakers and performers who come to share their talents with us.

The comforts of home

Just as importantly, you can savor your privacy at Westview Meadows. From your spacious apartment to our many intimate common spaces, you can easily indulge in quiet time on your own and entertain your visitors with ease. You'll be proud to show off the well-appointed library, bright dining room and Santa Maria Lounge, and you can even reserve our private dining room for special get-togethers.







Exceptional dining

It's always a special experience to share a meal with friends and neighbors at Westview Meadows.

Each day, our kitchen staff takes great care to provide delicious, wholesome meals made with high-quality, local ingredients, while our dining staff works to ensure an enjoyable and comfortable dining experience. They get to know each of our residents personally, and offer a caring touch to each meal.

We serve chef-prepared meals daily and a bountiful brunch on Sundays. Menus are delightfully varied and designed to offer a wide range of fresh local foods and seasonal selections.

All of our residents are welcome to dine in our large central dining room. We also offer a more intimate dining room for members of our Residential Care community who may prefer a more private dining experience. Guests are always welcome to join residents for meals with short advance notice.

"I want to sincerely thank the kitchen staff who prepared and delivered my meals to my room for me during my recovery. I appreciate all your care and concern."

- Yolande C.







"The food is amazing. Even more amazing is the perfect care the staff takes with everyone – skill, patience, compassion and smiles. I feel so grateful that my parents have this wonderful home. Thank you for all you do every day."

– Jeb B.

Features & Highlights

Activities

Daily exercise classes Craftmaking Church services Gardening Chorus group Day trips Bridge club Educational classes Conversations & coffee **Book discussions** Enrichment opportunities Support groups Musical performances Games and puzzles Weekly movie & popcorn Annual celebrations

Amenities

Film series

Fitness studio

On-call emergency system

Beauty salon

Security & fire protection

Housekeeping services

Large-screen TV

Laundry facilities

Storage unit

Transportation

Common Areas

Library Walking trails

Private dining room Pond and gardens

Lounge Landscaped grounds

Deck / outdoor dining



Our Apartments

Independent Living







All Independent Living apartments have a large living room, fully applianced kitchen, dining area, bath, and four-season sunroom, many of which offer truly spectacular Vermont mountain views. Independent Living apartments receive weekly housekeeping

service and come with a storage unit, while 24-hour emergency response service supports carefree independent living.

Depending on size, apartments are available with one or two bedrooms, and have one, one-and-a-half, or two baths.

Residential Care







Our Residential Care wing provides an increased level of service and support, and features its own dining room, country kitchen, and activity areas.

All Residential Care apartments include a kitchenette, bath, bedroom, and spacious living area. Residents receive medication management, weekly laundry and housekeeping services, and three healthy meals each day.

Members of our Residential Care community have access to all activities and amenities while enjoying the support of the Residential Care wing. With health and safety as our top priorities, we provide 24-hour staffing, medication management, emergency response, personal care, and exterior door security, while respecting privacy and independence as much as possible.







A tradition of caring

Westview Meadows is proudly sponsored by O.M. Fisher Home, Inc., a non-profit which has been recognized for its strong tradition of caring for more than a century.

Its volunteer Board of
Trustees is responsible
for the operation of The
Gary Residence, a gracious
residential care and
memory care community
on Main Street in
Montpelier, and
Westview Meadows.



The Montpelier Area

Life in the heart of Vermont

Montpelier has long been a magnet for artists and artisans who host a full schedule of craft shows and celebrations. Our downtown area is a lively hub that attracts visitors from all over, yet it maintains a comfortable, safe, small-town feel. It's the perfect place to dine out, visit an art gallery, window shop, or explore the public library. The Vermont Historical Museum is a welcoming spot to spend an afternoon, and churches of many denominations dot our scenic landscape. Thanks to our regularly scheduled transportation, everything is easily accessible, too.

All seasons have something to offer here in the heart of Vermont. Cider mills are a fun destination on a warm autumn day, while maple sugar houses sweeten any spring outing. Long summer days are perfect for exploring the area, or simply taking in the natural beauty of our own backyard.

There's so much here to enjoy at Westview Meadows. Come experience it for yourself!

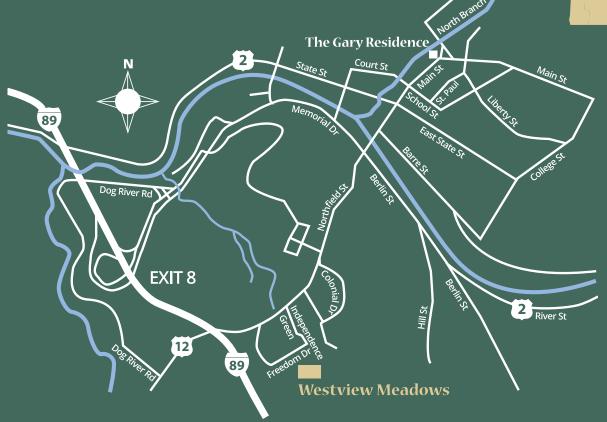


Our Ongoing Mission

We aim to provide the comforts and security of home, and to treat residents and each other, first and foremost, as human beings with a need to be recognized and respected as individuals. We strive to give our residents the opportunity to achieve their maximum amount of independence and self-sufficiency, and to be a leader in the field of residential care, seeking and applying new knowledge to improve the quality of our professional services.

Getting to Westview Meadows

Via Interstate 89: From North or South: Take Exit 8 (Montpelier) making a right turn at the fourth traffic light onto Northfield Street (Rt. 12S). Go straight for approximately 1/2 mile. Take the fourth left onto Independence Green. The entrance to Westview Meadows is at the end of this road.









VERMONT



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Westview Meadows
INDEPENDENT LIVING | RESIDENTIAL CARE