

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday







Saturday

L-Library
FR-Fitness Room
SML-Santa Maria
Lounge
CK-Country Kitchen
MDR-Main Dining Room
PDR-Private Dining Room
MSAC-Montpelier Senior Activity Center

November 2024



Residential Care Activity Calendar

<p>3 1:30 Scrabble CK 3 Handiwork Group SML 6:30 Movie & Popcorn: On the Waterfront CK</p>  <p>Daylight Saving Time Ends</p>	<p>4 9:45 Exercise CK 11 Visit with Brenda & Bailey CK 1 Beaver Rehabilitation Presentation MDR 3 Trivia MDR</p> 	<p>5 9-11 In Person Voting in Montpelier 9:30 Drumbeat MDR 11 Rosary Prayers PDR 1:30 Fall Craft: Leaf Bowls MDR</p>	<p>6 9:45 Exercise CK 11:45 Catholic Mass at St. Augustine's 1 OSHER MSAC</p>	<p>7 11 State House Tour & Cafeteria Lunch 2 Skip- Bo CK <i>Happy Birthday Claire!</i></p>	<p>8 9:45 Exercise CK 11 Mindfulness Meditation CK 2 Art Reception MDR</p> <p style="text-align: center;"><small>Diwali (Hindu)</small></p>	<p>9 1:30 Anne with an "E" (S3, Ep3&4) CK 6:30 Movie & Popcorn: 45 Years CK</p>
<p>10 1:30 Scrabble CK 3 Handiwork Group SML 6:30 Movie & Popcorn: Northanger Abbey CK</p>	<p>11 9:45 Exercise CK 1 Veterans Day Ceremony MDR 3 Trivia MDR</p>  <p style="text-align: center;"><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>12 9:30 Drumbeat MDR 11 Rosary Prayers PDR 1 Repotting Clinic MDR</p> 	<p>13 9:45 Exercise CK 11:15 Conversation with Dawn CK 1 MET Opera: Tosca MDR 1 OSHER MSAC</p>	<p>14 8:30-12:30 Foot Clinic CK 9:30 Drumbeat MDR 2 Skip- Bo CK <i>Happy Birthday Sue!</i></p> 	<p>15 9:45 Exercise CK 11 Mindfulness Meditation CK 2 Movie: The Theory of Everything MDR</p>	<p>16 1:30 Anne with an "E" (S3, Ep7&8) CK 6:30 Movie & Popcorn: On Golden Pond CK</p>
<p>17 1:30 Scrabble CK 3 Handiwork Group SML 6:30 Movie & Popcorn: I Confess CK</p>	<p>18 9:45 Exercise MDR 11 Visit with Brenda & Bailey CK 1:30 PBS Documentary: N. Scott Momaday- Words from a Bear MDR <i>Native American Heritage Dinner</i></p>	<p>19 9:30 Drumbeat MDR 11 Rosary Prayers PDR 1 Trivia MDR</p>	<p>20 9:45 Exercise MDR 1 OSHER MSAC 1 Candlelight Remembrance Ceremony MDR <i>Happy Birthday Judy!</i></p>	<p>21 9:30 Drumbeat MDR 10:30 Resident Council Meeting MDR 11 Episcopal Church Service FR 2 Skip- Bo CK</p>	<p>22 9:45 Exercise CK 11 Mindfulness Meditation CK 2 Movie: The Way MDR</p>	<p>23 1:30 Anne with an "E" (S3, Ep9&10) CK 6:30 Movie & Popcorn: Gone with the Wind (Part 1) CK <i>Happy Birthday Jeanne!</i></p>
<p>24 3 Handiwork Group SML 6:30 Movie & Popcorn: Gone with the Wind (Part 2) CK</p>	<p>25 9:45 Exercise CK 11 Visit with Brenda & Bailey CK 1:30 Watercolor Painting with Pauline MDR 3 Trivia MDR <i>Happy Birthday Catherine!</i></p>	<p>26 9:30 Drumbeat MDR 11 Rosary Prayers PDR 1:30 Gratitude Circle CK</p>	<p>27 9:45 Exercise CK 1 November Birthdays Celebration MDR</p> 	<p>28 *Office is Closed Today*  6:30 Movie: Holiday Inn CK</p> <p style="text-align: center;"><small>Thanksgiving Day</small></p>	<p>29 9:45 Exercise CK 11 Mindfulness Meditation CK 1 Movie: Little Women MDR</p>	<p>30 1:30 Downton Abbey (S1, Ep1&2) CK 6:30 Movie & Popcorn: The Lion in Winter CK</p>