

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
L-Library FR-Fitness Room CK-Country Kitchen SML-Santa Maria Lounge MDR-Main Dining Room PDR-Private Dining Room MSAC- Montpelier Senior Activity Center	1 *Office is Closed Today* 11 Therapy Dog Bailey CK  Labor Day	2 9:30 Drumbeat MDR 10 251 Club Meeting PDR 11 Rosary Prayers PDR 2 Scrabble CK	3 9:45 Exercise CK 11:30 Brown Bag Summer Concert Series 1 MET Opera: Aida MDR 4 Open Meditation PDR	4 9:30 Chair Yoga & Dance MDR 1:30 Albans's 101st Birthday Party MDR 2 Skip-Bo CK <i>Happy Birthday Alban!</i>	5 9:45 Exercise CK 1:15 Creemees at Red Hen Baking Co. 2 Movie: High Noon MDR	6 6:30 Movie & Popcorn: Frequency CK
7 3 Handiwork Group SML 6:30 Movie & Popcorn: Born Free CK  Grandparents Day	8 9:45 Exercise CK 1:30 Seated Tai Chi CK 3 Trivia CK	9 9:30 Drumbeat MDR 10 Giant Crossword Puzzle MDR 11 Rosary Prayers PDR 1:30 PBS Documentary: American Horses MDR	10 9:45 Exercise CK 11 Alyx the Magician MDR 2 Abracadabra Snacks & Sips MDR 4 Open Meditation PDR <i>The Magical Feast</i>	11 9:30 Chair Yoga & Dance MDR 11:15 Conversation with Dawn CK 1:15 Jeopardy on the Big Screen MDR 2 Skip-Bo CK	12 9:45 Exercise CK 1:15 Visit to Pease Farm Stables 2 Movie: Houseboat MDR	13 6:30 Movie & Popcorn: The Shaggy Dog CK
14 3 Handiwork Group SML 6:30 Movie & Popcorn: The Cowboys CK	15 9:45 Exercise CK 11 Therapy Dog Bailey CK 1:30 Seated Tai Chi CK 3 Trivia CK	16 9:30 Drumbeat MDR 11 Rosary Prayers PDR 1:30 BINGO MDR	17 9:45 Exercise CK 11:45 Catholic Mass at St. Augustine's & Lunch at Sarducci's 4 Open Meditation PDR	18 9:30 Chair Yoga & Dance MDR 10:30 Resident Council Meeting L 11 Episcopal Church Service FR 1:45 Westview Readers L 2 Skip-Bo CK	19 9:45 Exercise CK 2 Movie: Wuthering Heights MDR	20 6:30 Movie & Popcorn: For Whom the Bell Tolls CK  <i>Happy Birthday Eric!</i> Oktoberfest Begins
21 2 Sunday Sing-a-long MDR 3 Handiwork Group SML 6:30 Movie & Popcorn: Never Cry Wolf CK	22 9:45 Exercise CK 1:30 Seated Tai Chi CK 3 Trivia CK  Rosh Hashanah Begins Autumn Begins	23 9:30 Drumbeat MDR 11 Rosary Prayers PDR 2 Autumn Apple Soirée MDR	24 9:45 Exercise CK 1 September Birthdays Celebration MDR 1 OSHER MSAC 4 Open Meditation PDR	25 8:30-12:30 Foot Clinic CK 9:30 Chair Yoga & Dance MDR 10:30 Emmaus Communion Service PDR 2 Skip-Bo MDR	26 9:45 Exercise MDR 11 251 Club Trip 2 Movie: Seven Chances MDR	27 6:30 Movie & Popcorn: Lincoln CK
28 3 Handiwork Group SML 6:30 Movie & Popcorn: A Raisin in the Sun CK	29 9:45 Exercise CK 1:30 Seated Tai Chi CK 3 Trivia CK <i>Happy Birthday Karen!</i>	30 9:30 Drumbeat MDR 10 Giant Crossword Puzzle MDR 11 Rosary Prayers PDR 1:30 Watercolor Painting with Pauline MDR	September 2025 Residential Care Activity Calendar			

Westview Meadows ~ 171 Westview Meadows Rd. Montpelier, VT 05602 ~ Phone (802) 223-1068 ~ Fax (802) 223-3233 ~ www.westviewmeadows.com