

| Sunday                                                                                                      | Monday                                                                                                                                                                                             | Tuesday                                                                                                                                                       | Wednesday                                                                                                                                                                  | Thursday                                                                                                                                                | Friday                                                                                                                                                                                                                                         | Saturday                                                                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <h1>October 2025</h1> <h2>Residential Care Activity Calendar</h2>                                           |                                                                                                                                                                                                    |                                                                                                                                                               | <b>1</b><br>9:45 Exercise CK<br>1:30 Fall Flower Vases CK<br>1 OSHER MSAC<br>4 Open Meditation PDR<br><i>Happy Birthday Joanne C.!</i><br><small>Yom Kippur Begins</small> | <b>2</b><br>9:30 251 Club Trip to Peacham's Fall Foliage Festival<br>2 Skip-Bo CK                                                                       | <b>3</b><br>9:45 Exercise MDR<br>11 Live Music with Debbie Yacovone MDR<br>2 Movie: The Lake House MDR                                                                                                                                         | <b>4</b><br>6:30 Movie & Popcorn: Howard's End CK<br><br><i>Happy Birthday Marvin!</i>                                                                                     |
| <b>5</b><br>3 Handiwork Group SML<br>6:30 Movie & Popcorn: La La Land CK                                    | <b>6</b><br>9:45 Exercise MDR<br>1:30 Groovin' Through History MDR<br>3 Trivia CK<br><br><small>Sukkot Begins</small>                                                                              | <b>7</b><br>9:30 Drumbeat MDR<br>10 Guided Tour of Hope Cemetery<br>11 Rosary Prayers PDR                                                                     | <b>8</b><br>9:45 Exercise CK<br>1 MET Opera: The Magic Flute MDR<br>1 OSHER MSAC                                                                                           | <b>9</b><br>9:30 Chair Yoga & Dance MDR<br>10 Crossword Puzzle MDR<br>11:15 Conversation with Dawn CK<br>2 Skip-Bo CK<br><i>Happy Birthday Melitta!</i> | <b>10</b><br>9:30-10:30 Flu & Covid-19 Booster Clinic MDR<br>1:30 Foliage Ride with Lauren<br>2 Movie: Pirates of Penzance MDR<br><i>Happy Birthday Bill!</i>                                                                                  | <b>11</b><br>6:30 Movie & Popcorn: Passage to India CK                                                                                                                     |
| <b>12</b><br>3 Handiwork Group SML<br>6:30 Movie & Popcorn: Quigley Down Under CK                           | <b>13</b><br>9:45 Exercise CK<br>11 Therapy Dog Bailey CK<br>1:30 Seated Tai Chi CK<br>3 Trivia CK<br><small>Thanksgiving Day (Canada)<br/>Indigenous Peoples' Day<br/>Columbus Day (U.S.)</small> | <b>14</b><br>9:30 Balloon & Noodle Game MDR<br>11 Rosary Prayers PDR<br>1:30 Pumpkin Painting MDR<br><br><small>Simchat Torah Begins</small>                  | <b>15</b><br>9:45 Exercise CK<br>11:45 Catholic Mass at St. Augustine's & Lunch at The Wayside<br>1 OSHER MSAC<br>4 Open Meditation PDR                                    | <b>16</b><br>9:30 Chair Yoga & Dance MDR<br>10:30 Resident Council Meeting L<br>11 Episcopal Church Service FR<br>2 Skip-Bo CK                          | <b>17</b><br>9:45 Exercise CK<br>11 Show & Tell MDR<br>2 Movie: Barefoot in the Park MDR                                                                                                                                                       | <b>18</b><br>6:30 Movie & Popcorn: Up Close & Personal CK                                                                                                                  |
| <b>19</b><br>2 Sunday Sing-a-long MDR<br>3 Handiwork Group SML<br>6:30 Movie & Popcorn: A Beautiful Mind CK | <b>20</b><br>9:45 Exercise CK<br>11 AI Software Programming Presentation with David Richey MDR<br>3 Trivia CK                                                                                      | <b>21</b><br>9:30 Drumbeat MDR<br>11 Rosary Prayers PDR<br>1:30 Armchair Travel to Germany MDR<br>5 Inseldudler German Band MDR<br><i>Okttoberfest Dinner</i> | <b>22</b><br>9:45 Exercise CK<br>1 OSHER MSAC<br>1:15 Jeopardy on the Big Screen MDR<br>4 Open Meditation PDR                                                              | <b>23</b><br>9:30 Chair Yoga & Dance MDR<br>10:30 Emmaus Communion Service PDR<br>1:45 Westview Readers L<br>2 Skip-Bo CK                               | <b>24</b><br>9:45 Exercise CK<br>1:30 Vision Montpelier Design Contest Workshop MDR                                                                                                                                                            | <b>25</b><br>6:30 Movie & Popcorn: E.T. the Extra-Terrestrial CK                                                                                                           |
| <b>26</b><br>3 Handiwork Group SML<br>6:30 Movie & Popcorn: Alfred Hitchcock's "Shadow of a Doubt" CK       | <b>27</b><br>9:45 Exercise CK<br>11 Therapy Dog Bailey CK<br>1:30 Seated Tai Chi CK<br>3 Trivia CK                                                                                                 | <b>28</b><br>9:30 Balloon & Noodle Game MDR<br>10 Giant Crossword Puzzle MDR<br>11 Rosary Prayers PDR                                                         | <b>29</b><br>9:45 Exercise CK<br>1 October Birthdays Celebration MDR<br>1 OSHER MSAC<br>4 Open Meditation PDR                                                              | <b>30</b><br>9:30 Chair Yoga & Dance MDR<br>10:30 Annual Resident Council Meeting MDR<br>1 Art Reception MDR<br>2 Skip-Bo CK                            | <div>  </div> <b>31</b><br>9:45 Exercise CK<br>2 Halloween Party & Costume Contest MDR<br><i>Happy Birthday Katherine P.!</i><br><small>Halloween</small> | L-Library<br>FR-Fitness Room<br>CK-Country Kitchen<br>SML-Santa Maria Lounge<br>MDR-Main Dining Room<br>PDR-Private Dining Room<br>MSAC- Montpelier Senior Activity Center |