

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Independent Living Activity Calendar				10 Giant Crossword Puzzle MDR 2 Skip-Bo PDR	1 9:45 Exercise MDR 2 1:15 Mahjong CK 1:15 Foliage Ride & Creemees 1 Movie: Harry Potter & the Chamber of Secrets MDR	3 Simchat Torah Begins
3 Handiwork Group SML <i>Happy Birthday Marvin!</i>	4 9:45 Exercise MDR 1 Rummikub FR, PDR 1 PBS Special: Katherine Paterson on a Lifetime of Moving, Writing, and Starting Over MDR 3:15 Trivia CK	5 6 10 Giant Crossword Puzzle MDR 11 Rosary Prayers PDR 1,2,3 Indoor Bocce 1:30 Art Reception MDR	7 9:45 Exercise MDR 10:30 Conversations with Dawn MDR 1 OSHER MPAH 1 MET Opera: Medea MDR 2 Bridge FR 4 Open Meditation PDR	8 11 Episcopal Church Service FR 1 Live Music with D. Davis MDR 2 Skip-Bo PDR	9 9:30 Flu & COVID Booster Clinic MDR 1:15 Mahjong CK 1:30 Back to the 50's Sock Hop MDR <i>Happy Birthday Melitta!</i>	10 Simchat Torah Begins
3 Handiwork Group SML	11 9:45 Exercise MDR 1 Rummikub FR, PDR 1:15 Presentation with Reverie Productions: "Sensation and Perception" MDR Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12 13 11 Rosary Prayers PDR 1,2,3 Indoor Bocce 1:15 Trivia CK	14 9:45 Exercise MDR 1 OSHER MPAH 1:30 Pumpkin Painting CK 2 Bridge FR 4 Open Meditation PDR <i>Happy Birthday Ron!</i>	15 10:30 Resident Council Meeting L 2 Skip-Bo PDR	16 9:45 Exercise MDR 1:15 Mahjong CK 2 Movie: The Way we Were MDR	17 L-Library FR-Fitness Room CK-Country Kitchen MDR-Main Dining Room SML-Santa Maria Lounge PDR-Private Dining Room MPAH-Montpelier Performing Arts Hub
2 Sunday Sing-a-long MDR 3 Handiwork Group SML	18 19 9:45 Exercise MDR 1 Rummikub FR, PDR 1:30 Essays of Change by Jeanne C.-Read by Tom B. MDR 3:15 Trivia CK	20 10 Giant Crossword Puzzle MDR 11 Rosary Prayers PDR 1,2,3 Indoor Bocce 4 Hosted Social Hour SML	21 9:45 Exercise MDR 1 OSHER MPAH 2 Bridge FR 4 Open Meditation PDR	22 8:30 to 11:30 Foot Clinic CK 1:30 Westview Readers L 2 Skip-Bo PDR	23 9:45 Exercise MDR 11 Live Music with Debbie Yacovone MDR 1:15 Mahjong CK 2 Movie: The Art of Racing in the Rain MDR	24
3 Handiwork Group SML	25 9:45 Exercise MDR 1 Rummikub FR, PDR 1 Documentary: Famous Last Words-Jane Goodall MDR 3:15 Trivia CK	26 11 Rosary Prayers PDR 1,2,3 Indoor Bocce 1:30 You Be the Judge MDR 4 Hosted Social Hour SML	27 9:45 Exercise MDR 1 October Birthdays Celebration MDR 1 OSHER MPAH 2 Bridge FR 4 Open Meditation PDR	28 10:30 Annual Residents' Council Meeting MDR 11:15 Emmaus Communion Service PDR 2 Skip-Bo PDR	29 9:45 Exercise MDR 1:15 Mahjong CK 1:30 Halloween Party & Costume Contest MDR	30  <i>Happy Birthday Katherine P.!</i> Halloween